



Covenant House

# SLEEP OUT

## WHAT

Each year, thousands of people give up their beds for one night so youth facing homelessness can sleep safely at Covenant House Missouri.

Sleep Out is a movement of people who believe that everyone deserves a safe place to sleep. Sleepers raise critical funds to support this work and shine a light on the often-ignored youth homelessness crisis.

Covenant House's doors are open 24/7 for young people who need a safe place to sleep. As part of an international organization, Covenant House advocates for policies like ending the trafficking of minors, foster care reform, employment and education improvement, and transitional housing that impact the well-being of youth everywhere.



## WHEN & WHERE

Covenant House Missouri proudly partners with Harris-Stowe State University again in 2023 to offer a safe environment for you and your team to Sleep Out.

- Begins: Thursday, November 16th at 7:00pm
- Ends: Friday, November 17th at 6:00am

CONTACT THE SLEEP OUT TEAM:  
[info@covenanthouse.org](mailto:info@covenanthouse.org)

## WHO

Sleep Out is open to individuals ages 18+. In order to participate in the event, Sleepers are required to to:

- Set a \$5,000 fundraising goal
- Utilize tools and coaching support provided to be an active fundraiser and raise at least \$1,000 by one week prior to the event\*
- Attend at least one e-coaching presentation or in-person tour prior to the event



Sponsored By:

**HARRIS-STOWE**  
STATE UNIVERSITY



**Quantum**  
WEALTH MANAGEMENT